Bible & Daily Living

Strength in God

By WILLIAM L. TRIMYER
Lesson for January 22, 1984
Bible Study Passage: Isaiah 31:1-7
INTRODUCTION

When we are ill we normally "doctor" ourselves back to wellness. But if our home remedies fail to restore us to health, we then make an appointment with our physician. Sometimes we treat God the same way we do our physician, that is, when things go from bad to worse we will turn to God.

In Isaiah's time there were those who argued for alliances with Egypt in order to diffuse the threat of the mighty Assyrian empire. Some within Israel's ranks believed that a military alliance would assure their survival. Isaiah spoke out against a military alliance because Israel's primary battle was with God and not Assyria. Israel needed to reckon with God and not the Assyrian forces.

What does this passage say to us who live in an age of military buildup where the emphasis is more on nuclear power than on the power of diplomacy? Does the phrase on our currency "In God We Trust" have any real meaning to a country who puts all its "eggs" in a military basket?

The Secret of Strength [Read Isaiah 30:1-21]

God explained numerous occasions when his people chose not to follow his distinct will. They devised their own plan to deal with Assyria rather than adhere to God's. Not only did they choose not to follow God's plan, they didn't bother to consult with divine leadership. Their confidence was in themselves rather than in God. Despite all those times when God had delivered the Israelites from their enemies, they still chose to follow their own plan.

Israel lost touch with the power of faith and confidence in God's authority. They relied upon fast horses and chariots as opposed to an abiding trust in God. Isaiah warned them that their horse drawn chariots would only be useful in helping them escape from the enemy. God stood ready to help when the people of Israel were ready to listen.

Where lies the secret of our nation's strength. Many are wanton to point to our military might. The deployment of nuclear warheads in Western Europe is a display of our national leader's philosophy that, a show of force is our only solution. Our slogan on currency should read, "In the bomb we trust!"

More time is spent adding fuel to the fires than in conference and diplomatic discussion. Munition plants are merely factories of death. Our world is on a collision course with death. God is not a consultant in our national policies. **The Foolishness of Armaments [Isaiah 31:1-9]**

Many politicians and American people are convinced that a strong defense is the answer to the threat of offense. We think it makes good sense to keep stockpiling enormous amounts of weapons. We have not learned to talk to our enemies. It is most unfortunate that the relationship between the U.S. and the Soviet Union is based on mistrust, fear, and suspicion. What a pity our countries can't work cooperatively to relieve some of the human suffering around our globe.

The above may sound terribly naive, and perhaps it is. From the testimony of scripture we may say that confidence in military might as a means to survival and victory is a fallacy. The survivors of a nuclear war would be the losers.

Repentence still stands as a necessary option for a nation and its people. The idols of wealth and military power only reveal where our heart really lies.

Class members might discuss ways in which the church can become involved in peace initiatives.

Dr. Trimyer is Chaplain at Barnham Hospital in Champaign, Illinois. (WLYP)

Based on copyrighted outlines produced by The Committee on the Uniform Series and used with permission.

Times-Virginian WORSHIP

Zion Baptist Church

By SUSIE HUNTER

It has been quite cold around here, with much ice and snow.

A large crowd of members and friends attended the regular preaching service at Zion Baptist Church Sunday, with the Rev. Charles Lewis in charge.

Pastors Edwards and Flood were present, as well. The Junior Choir rendered beautiful music along with the Tots Choir. The Rev. Lewis preached a challenging sermon, "Help in Time of Need."

The Senior Usher's Board will meet Sunday at 11 a.m.

There will be no prayer and Bible study until further notice. We are getting ready for the Spring Rally at Zion Baptist.

Our sympathy goes out to the Jeffers family in the loss of their loved one.

Our sick are improving slowly.

Galilee Baptist Church

Praise ye the Lord.Praise ye the Lord from the heavens. Praise Him in the heights.

Beautiful services were held at Galilee this past Sunday. Pastor Davis delivered an uplifting message urging everyone to live by faith in the coming year. The youth service singers rendered beautiful selections. We were blessed with a large crowd of worshipers.

Mr. Terry Dillard was recognized as youth of the month at Galilee and Brother George Stevens was honored as adult of the month. These members were presented certificates of faithful service to God and the community.

Dr. Harry S. Ferguson, noted Negro historian, will be the guest speaker on Sunday, February 5, 1984 at 3 p.m. at Galilee. Everyone is invited. This is the first of programs for Negro History Month. The ladies club is sponsoring this program.

Our church school is expanding and we need more adult members. Please come and help us. Use your talents for God.

We are happy to announce that Miss Wanda Browder has joined the news reporting staff at Galilee. Please contact Miss Browder regarding news for publication in The Times-Virginian.

Sister Mable Goode is on the sick list. Let us pray for her and all sick and shut-ins of our community and world. Sister Clara McFay desires your prayers and visits.

Have a happy week and may God bless.

St. Luke news notes

After zero weather for Christmas and some of the days that followed, a sizable crowd of members and friends from Shannon Baptist Church attended the regular preaching service at the St. Luke Baptist Church for Sunday, Jan. 1 at 11 a.m.

The Rev. R.R. Jones was present and carried out an enjoyable service. His text was taken from II Cor. 9-12. His message emphasized the importance of prayer, and that God's grace is sufficient to keep us through all times. The Junior Choir presented special music.

The sick of the community are improving and some are home from the hospital.

Mr. Greg Canada from Texas, Miss Ramona Canada fromBaltimore, Maryland, Mr. and Mrs. Alfred Canada and family from Richmond visited their parents, Mr. and Mrs. Samuel Canada and grandmother, Mrs. Louise Canada for Christmas.

Mrs. Louise Canada was happy to celebrate another birthday Jan. 2. She received many beautiful cards and gifts.

Mrs. Issie Bell Jones is now home from the hospital. We hope for her continued good health.

Miss Mary Hill from Philadelphia, Pa. visited her parents, Mr. and Mrs. Frank Hill of Concord.

Mr. Alfred Canada, Mrs. Anna and Mrs. Louise Canada visited Mrs. Edith Jones and family of Lynchburg. They also visited with Mr. Wesley Jones in the hospital. He is now improving.

Diabetes meeting planned

The Southside Diabetic Association invites all who have an interest in diabetes to a meeting for a better understanding of diabetes. This gathering will be held on Saturday, Jan. 21, at the municipal building of Drakes Branch, at 7:30 p.m. There will be a time of fellowship, learning and sharing about diabetes.

TIMES-VIRGINIAN
P.O. Box 2097, Appomattox, Virginia 24522
804/352-8215

THE TIMES-VIRGINIAN (USPS 650-680) is published weekly on Wednesday. Second-class postage paid at Appomattox, Virginia 24522. POSTMASTER: Send address changes to The Times-Virginian, P.O. Box 2097, Appomattox, Virginia 24522. Subscription rates: $10.00 per year in Appomattox and all adjoining counties; $15.00 per year out-of-state.

Bill Sherrod ..... Editor
Frances Allen ..... Assistant Editor
Alice Austin ..... Advertising Manager
Cindy Bullinger ..... Classified/Circulation Manager

A Quality Paper of Atlantic Publications, Inc. Accomac, Virginia 23301

TIMES-VIRGINIAN
P.O. Box 2097, Appomattox, Virginia 24522
Please enter my subscription to The Times-Virginian.
Enclosed is my check for $_____ for one year.
Mail to:
_____

January Clearance
Once a year... and ONLY once a year!
the time to Buy is NOW!
GOWNS, ROBES, SCUFFS
VANITY FAIR Sleepwear 20% off
MEN'S HAGGAR 2 PC. SUITS — NAVY & GREY
Reg. $101.00 — SALE $74.00
SLACKS - Cords
Reg. $26.00 — SALE $22.40
PSJ FLANNELS
Reg. $26.00 — SALE $19.95
Men's Ladies' Children's SHOES & BOOTS 20% to 60% off
QUEEN CASUAL 2 GROUPS 20% off
Men's Ladies' Children's WINTER COATS 25% off
HEALTH-TEX 25% off
LADIES'—MEN'S WATER DAMAGED GOODS ½ Price
MEN'S SWEATERS Full-Over, Cardigans Reg. $21 to $26 SALE $16.80 to $20.00
SPORTS & DRESS SHIRTS — Reg. $17 SALE $13.60
LADIES' COORDINATES LEVI Grey Pinstripe-Brown Herringbone
JACKET - Reg. $62.00 SALE $48.60
SKIRT - Reg. $30.00 SALE $23.99
Cardigans - Pull-Overs Ladies' SWEATERS Reg. $19 $15.20
COLLEGE TOWN PANT-HER Ladies' Wool Group 20% off
STEPHEN'S FASHIONS
TRIANGLE PLAZA SHOPPING CENTER — APPOMATTOX
STORE HOURS: 10-6 MON.— SAT. FRIDAY NITE UNTIL 8 p.m.

Drive With Caution.....
Winter driving can be hazardous....
Use extreme caution when driving in snow, ice or sleet.

Commercial Residential
WET PAINT
EXPERT PAINTING SERVICES
Audrey Wright Sales Repres. Appomattox, Va. (804) 352-8536

J. E. Jamerson & Sons
BUILDING MATERIALS
PAINTS—BLOCKS—WOODWORK
CEMENT, ETC.
352-8227
APPOMATTOX, VIRGINIA

MONUMENTS
•MARKERS •DEATH DATES
•CLEANING & REPAIRING
VISIT OUR DISPLAY ACROSS FROM LIBERTY CEMETERY
Johnny Simpson
DAY 352-5646 NIGHT 352-8009

Wilbun's
Your Hometown Supermarket
Specializing in U.S. Choice Western Beef & Quality Groceries at Budget Prices
APPOMATTOX, VIRGINIA

BURGER KING
HIGHWAY 460 — Appomattox
"We Make It Your Way"

Moses Chevrolet
CHEVROLET SALES AND SERVICE THAT SATISFIES
DIAL 352-2323
Appomattox

Read The Times-Virginian
Keep Informed

Jamerson Bros. TRUCKING CO., INC.
PHONE 352-8211
★ Local and Long Distance Hauling
APPOMATTOX, VA.

CENTRAL FIDELITY BANK
Your Area FULL SERVICE BANK
APPOMATTOX, VA.

Appomattox HDWE. CO., INC.
A Complete Line of Hardwares Appliances — Plumbing Houseware
DISTRIBUTOR OF AMOCO PRODUCTS—FUEL OIL AND GASOLINE

Farmers National BANK
Member F.D.I.C.
Member Federal Reserve
DIAL 352-7171
Appomattox, Virginia

D.S. NASH
Construction Co.
GRADING & PAVING
HOME CONSTRUCTION
PH: 352-8784
APPOMATTOX, VA.

Armstrong Crowne Corlon®
Never before has a vinyl no-wax floor this good cost this little.
Only $13.99 sq. yd.
FOR STOCK PATTERNS
New Armstrong Crowne Corlon offers more than an ordinary vinyl floor. Armstrong's exclusive Inlaid Color™ process builds in Crowne Corlon's special richness and depth of color. And its Color Guard™ vinyl no-wax wear surface offers superior stain resistance and easy care. Plus, Crowne Corlon offers superior resistance to cuts and gouges.
All this... in 21 beautiful colors and four designs at the price of an ordinary vinyl floor.
Armstrong
Armstrong carpet studio
The Carpet House
ROUTE 15 & 460 BUS. WEST PHONE 392-6000
•FREE ESTIMATES •PROFESSIONAL INSTALLATION •AMPLE PARKING

Times-Virginian SOCIAL

Mary Frances Dyess

Dyess, Griffith engaged

Mr. and Mrs. Robert Monroe Dyess, Sr., of Route 4, Appomattox, are proud to announce the engagement of their daughter, Mary Frances, to H. Morgan Griffith, of Salem, Va., son of Mrs. Charlotte B. Griffith, also of Salem.

Miss Dyess is a graduate of Appomattox County High School and Lynchburg College where she received a bachelor of science degree in nursing. She is currently employed at Community Hospital of Roanoke Valley.

Mr. Griffith is a graduate of Andrew Lewis High School. Emory and Henry College, and received a juris doctorate degree from Washington and Lee University.He is currently practing law with Latins and Shapiro in Roanoke, Virginia.

The wedding will be an event of April 21, two o'clock, in the afternoon at Hebron Baptist Church, Appomattox, Virginia. All friends and relatives are invited to attend.

Birth announced

Mr. and Mrs. Daniel Brauch proudly announce the birth of their daughter, Ashley Nichole, on December 19 at the Virginia Baptist Hospital. She weighed seven pounds and thirteen ounces and was 20½ inches in length at birth.

Maternal grandparents are Mr. and Mrs. Arthur N. Schmitt of DeSoto, Missouri.

Paternal grandparents are Mr. and Mrs. Clifton Brauch of Ware, Missouri.

Maternal great-grandmother is Mrs. Bridgett Mayor of Desoto,Missouri and paternal great-grandparents are Mr. and Mrs. Sam Pierce of DeSoto, Missouri.

Baldwin, Dresser wed

The wedding of Vicki Elizabeth Baldwin and Thomas Maxwell Dresser, both of Raleigh, North Carolina, was held at 4 p.m. Jan. 7, in the Chapel at Centenary United Methodist Church. The Rev. George Robinson officiated.

The bride is the daughter of Mr. and Mrs. Louis Barley Baldwin of Winston-Salem. She graduated from Western Carolina University and is an art teacher for the Franklin County Schools.

Dresser is the son of Margaret Jones Dresser and Frank T. Dresser,both of Laurel, Maryland.

Paternal grandparents were the late Mr. and Mrs. Frank Charles Dresser of Appomattox. Paternal great-grandparents were the late Mr. and Mrs. Thomas Walker Moore.

He graduated from the University of Maryland and is a senior engineer for Carolina Power and Light Company.

Ginger Baldwin of Winston-Salem was her sister's maid of honor. Attending the wedding from this area were Mrs. Vincent J. Lusardi, Brookneal, Virginia; Mrs. William Reid Herndon, Brookneal and Mrs. Harold Webster Babcock, Appomattox.

The couple will live in Raleigh.

Kathryn Ann Mitchell and Dennis Ray Guill

Mitchell, Guill engaged

Mr. and Mrs. Maymond L. Mitchell, Sr. announce the engagement of their daughter, Kathryn Ann, to Dennis Ray Guill, the son of Mr. and Mrs. Edward Donald Guill, Sr. of Appomattox.

The wedding will take place on April 21, 1984, at 2 o'clock in the afternoon at Liberty Baptist Church.

No invitations are being sent. Family and friends are invited to attend.

Susan Artway Doss

Doss, Shutt will wed

Mr. and Mrs. Paul O. Doss of Appomattox announce the engagement of their daughter, Susan Artway to Mark Hansel Shutt, son of Mr. and Mrs. Baxter Glenn Shutt, Jr. of Brookneal.

Miss Doss is a graduate of Appomattox County High School and attended Ferrum College. She is presently employed by Lynchburg General-Marshall Lodge Hospital, Physical Therapy Department.

Mr. Shutt is a graduate of William Campbell High School and is presently employed by Babcock & Wilcox.

The wedding is planned for April 14, 1984.

Melody Carol Hall

Society news

Mr. Cliff Plunkett is a patient in the Lynchburg General Hospital, where he is undergoing treatment.

Miss Odessa Collette is a patient in the Virginia Baptist Hospital, where she has been receiving treatment for some time.

Johnsons celebrate 50th

Mr. and Mrs. Claude W. Thompson, Mr. and Mrs. Wilbert V. Grizzard, Jr. and Mr. and Mrs. John C. Harris will hold a reception honoring the 50th wedding anniversary of Mr. and Mrs. Charlie C. Johnson on Sunday, Jan. 29.

The reception will be held from 2 p.m. to 4 p.m. at the home of Mr. and Mrs. Thompson, Route 2, Appomattox.

Family and friends are invited. No gifts, please.

Marstons "get-together"

The family of the late Mr. and Mrs. L. Watt Marston of Red House, had a family get-together on Sunday, Jan. 8, at the Red House Club, Inc.

Approximately 75 family members were present for the covered dish luncheon and the fellowship in the afternoon.

In lieu of gifts to each other, members brought a simple gift. All the gifts were auctioned off to those present and the proceeds donated to needy families in the area to help with medical or other expenses. A total of $157.00 was donated to charitable causes.

"Not-all family members, only the immediate family, knew of our plan, so next year we can expect a larger amount to donate to those in need in our community," said Kenneth Marston.

Celebrates 93rd birthday

Mrs. Lena Banton (Mrs. Charles) celebrated her 93rd birthday Jan. 9 at the home of her son-in-law and daughter in Baltimore. She received many cards, letters and gifts.

Mrs. Banton cannot get out much anymore but can still read without glasses, and she enjoys reading very much.

Mrs. Banton lived in the Hollywood area for 63 years.

Hall, Vannoy engaged

Mrs. Edith McCann, of Concord, and Mr. Charles Hall, of Emporia, announce the engagement of their daughter, Melody Carol Hall, to John Gordon Vannoy, son of Mrs. Betty Hamlin, of Nelson County, and the late John E. Vannoy.

Miss Hall is a 1983 graduate of Appomattox County High School and is presently attending Phillips Business College.

Mr. Vannoy is a 1982 graduate of Appomattox County High School and is now serving in the U.S. Air Force.

An April wedding is planned.

Good News for Homemakers

By SHIRLEY W. WALTON
Extension Agent

The best diet plan, whether you are attempting to lose extra pounds or just trying to stay healthy, is a well-balanced one. No one should go on a diet without first consulting with their doctor.

Well-balanced meals should include foods from the four basic groups -Fruits and Vegetables, Breads and Cereals, Milk and Cheese, and Meat, Poultry, Fish and Dry Beans.

To cut calories, you may wish to try the follow tips:

1. Prepare meals from scratch. This will help avoid hidden calories found in prepared foods and mixes.

2. Substitute lower calorie ingredients. For example, use tomato juice for tomato sauce, cottage cheese for cream cheese, and reduced calorie dressing for regular dressings.

3. Bake, broil or roast on a rack so that meat will remain above the drippings.

4. Pan broil using a skillet with a non-stick finish instead of frying.

5. Poach, grill, saute or steam meats and vegetables.

6. Use serving strategy. For example, two or three thin slices of meat on a plate look much larger than one thick slice

(Continued on page 9)

Young Hearts Club to meet

The Young Hearts Club will meet on Wednesday, Jan. 25, at 10:30 a.m. at the Memorial United Methodist Church.

Members are reminded to bring their musical instruments.

If the weather is bad, the club will not meet as planned; members may listen to WTTX for information as to rescheduling of the activities.

Club to meet

The Town and Country Homemakers Club will meet at the Extension office meeting room at 10 a.m. Mrs. Shirley Walton will do a demonstraton on "Creating Your Own Mixes."

William S. (Sam) Kerr
Has Moved His
Law Office
To 102 Court Street
Across From J. E. Sears & Co.
352-5368

NEW MENU
Now The Heritage Inn has "two" menus to serve you better. This new menu includes favorite daily specials, along with soups, salads, and delicious sandwiches. Whether you're looking for a casual or elegant dining experience, The Heritage Inn has the menu just for you.

DAILY SPECIALS
Includes first 2 cups of coffee free
MONDAY - Hot Roast Beef Sandwich $3.25
Mashed Potatoes, Gravy, Green Beans or Pinto Beans & Biscuit
TUESDAY - Beef Stew $3.25
Green Salad and Biscuit
WEDNESDAY - Country Ham & Fried Apples $3.50
Green Beans or Pinto Beans and Biscuit
THURSDAY - Meat Loaf $2.95
Mashed Potatoes, Gravy, Green Beans or Pinto Beans & Biscuit
FRIDAY - Spaghetti with Meat Sauce $2.50
Green Salad & Garlic Bread Toast
SATURDAY - Country Style Steak $3.25
Mashed Potatoes, Green Beans or Pinto Beans & Biscuit

FISH
Fish & Chips $2.25
Fish Fillet, Fries, Slaw
Hush Puppies & Tartar Sauce
Popcorn Shrimp $2.25
Shrimp, Fries, Slaw, Hush Puppies and Shrimp Sauce
HERITAGE INN QUICHE $1.95

SANDWICHES
Served on white, wheat or rye bread. With swiss or cheddar cheese 30¢ extra. Ask your waitress if you want your bread toasted. All come with lettuce, tomato, mayonnaise & pickle.

	Price	Soup or Salad
Grilled Cheese	$1.60	add 60¢ add $1.25
BLT	$1.75	add 60¢ add $1.25
Baked Ham	$1.90	add 60¢ add $1.25
Tuna Salad	$1.95	add 60¢ add $1.25
Chicken Salad	$1.95	add 60¢ add $1.25
Club	$2.50	add 60¢ add $1.25
Roast Beef	$2.40	add 60¢ add $1.25
Steak, C.	$2.40	add 60¢ add $1.25

HAMBURGERS
All burgers served with lettuce, tomato, mayonnaise and pickle

	Price	Soup or Salad
Hamburger	$1.60	add 60¢ add $1.25
Cheese Burger	$1.80	add 60¢ add $1.25
Bacon/Cheese	$1.95	add 60¢ add $1.25

WITH A GREEN SALAD $2.95

SALADS
Fruit Cocktail $1.85
3 scoops Cottage Cheese with Fruit Cocktail and Crackers
Small Chef Salad $2.25
Lettuce, ham, swiss and cheddar cheese, hard-boiled egg & tomato
Dinner Salad $1.25
Salad and Soup $2.40

SOUPS
BOWL — $1.25 CUP — 85¢
MON/SAT French Onion w/Cheese & Crouton
TUES/FRI Clam Chowder
WEDNESDAY Vegetable
THURS/SUN Chicken Noodle

HELEN'S FRESH HOMEMADE DESERTS
Including Patient Cake and Banana Pudding

We Also Serve Wine & Beer

The Heritage Inn
Court St.—Appomattox, Va. 352-2405

BEMCO MATTRESS SALE
TWIN SETS... $129.00
FULL SETS... $149.00
SAVINGS ON SETS
FREE DELIVERY
TERMS
BEST FURNITURE CO.
RT. 460— 1 MILE EAST — APPOMATTOX — 352-7721